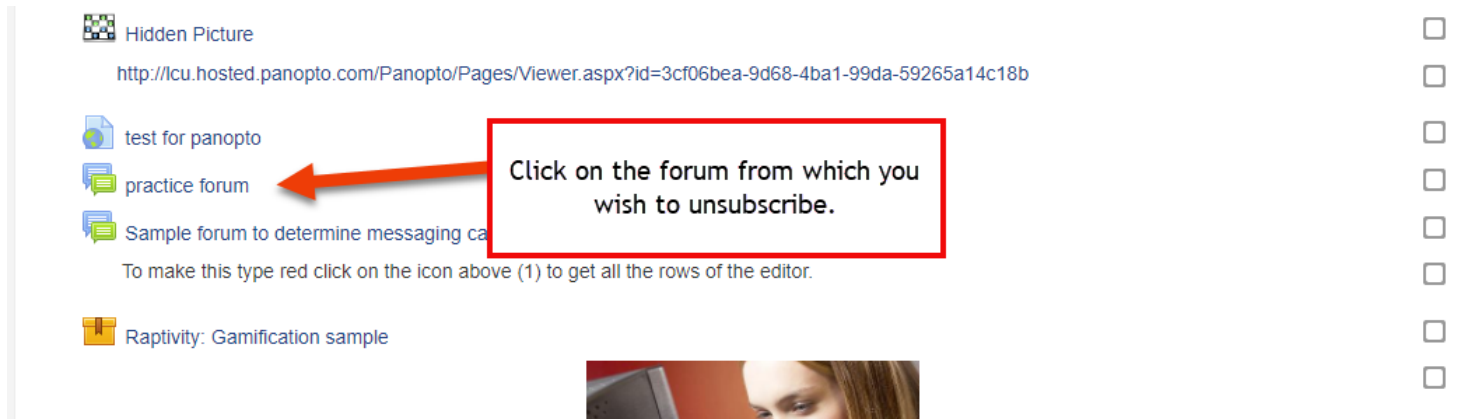# How do I stop receiving email copies of forum posts?

If you wish to stop receiving emails about forum posts for one particular forum discussion, you can do this by unsubscribing to the forum.

Hidden Picture

http://lcu.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=3cf06bea-9d68-4ba1-99da-59265a14c18b

test for panopto

practice forum

Click on the forum from which you wish to unsubscribe.

Sample forum to determine messaging ca

To make this type red click on the icon above (1) to get all the rows of the editor.

Raptivity: Gamification sample

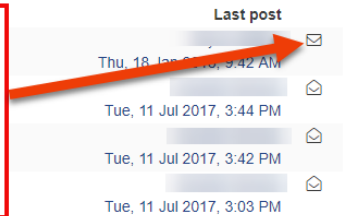| Discussion		Last post
To see if I am subscribed to this forum by commenting	Any time you post to a forum, you are automatically subscribed to that forum discussion topic and will receive an email for each time someone comments in that discussion. The closed envelope icon indicates your are subscribed to the forum. Click on the envelope to unsubscribe to the forum discussion.	Thu, 18 Jan 2018, 9:42 AM
test forum		Tue, 11 Jul 2017, 3:44 PM
test 2		Tue, 11 Jul 2017, 3:42 PM
my video		Tue, 11 Jul 2017, 3:03 PM

To stop emails from **all** forums you will need to go to your preferences page.